Competitive Drama I-IV
Pantomiming in Interp
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Daily Objective
- Understand hand position, tension, and follow-through in pantomiming
- Create and practice movement with others

Bell Ringer/Let's Get Started:
- What is a mime? Where do you think mime comes from? Why?
- What are some examples of body language? What does a person's body language say about them? Give examples.
- How does an actor use movement or body language to communicate?

Lesson/Activity:
Pantomime: Telling a story without words. In interp, we don't use costumes or props, so consider how our body language tells a story and shows what our characters are doing.
1. Imagine picking up a glass of water. Just imagine!
2. Mime picking up a glass of water from a table that's about waist high. Think about holding a glass. Do you hold it at the top, middle, or bottom? How big is the glass? How heavy is it?
3. Think about the following:
   a. Hand position (to show the shape of an object)
   b. Tension in the arms, hands, and body (to show the weight of the object)
   c. Follow-through of the object (where does it come from? where does it end up when you're finished?)
4. After thinking about the questions above, practice picking up the water glass again. Did it affect your mime?
5. Go through other objects, as well: teacup, coffee mug, phone (hold the phone, don't be the phone!), pen and paper, opening a door, etc.
6. Each time, imagine the activity in their mind and then perform the mime.

Practice:
Do the following things the best you can do demonstrate what's happening without any objects:
- Open a present and a puppy jumps out of the box
- You have been robbed and your hands are tied behind you-try to call the police on the telephone
- Make a paper airplane and fly it
- Eat popcorn while watching a scary movie

Play charades with your family or video yourself doing something "pantomime" and send it to your friends. Can they guess what you're doing? Remember, you can't talk!

Additional Resources: